Aro Arataki | Auckland DHB

Week 2

	Breakfast	Morning tea	Lunch	Afternoon tea	Late snack
Monday	Weetbix Cornies or Ricies Toast with Marmite or Jam Milk / Water	Fresh Fruit Fresh Pikelets Milk / Water	Pork Ragout Steamed Rice	Fresh Fruit Mouse Trap Milk / Water	Crackers
Tuesday	Weetbix Cornies or Ricies Toast with Marmite or Jam Milk / Water	Fresh Fruit Health Platter Milk and Water	Roast Vege and Pasta Mornay	Fresh Fruit Date Scones Milk / Water	Crackers
Wednesday	Weetbix Cornies or Ricies Toast with Marmite or Jam Milk / Water	Fresh Fruit Yoghurt Milk / Water	Beef Lasagne	Fresh Fruit Banana Bread Milk / Water	Crackers
Thursday	Weetbix Cornies or Ricies Toast with Marmite or Jam Milk / Water	Fresh Fruit Healthy Platter Milk / Water	Meatloaf and Vegetables	Fresh Fruit Peach Muffins Milk / Water	Crackers
Friday	Weetbix Cornies or Ricies Toast with Marmite or Jam Milk / Water	Fresh Fruit Blueberry Waffles Milk / Water	Vegetable Fried Rice	Fresh Fruit Savoury Scones Milk / Water	Crackers

