



Menu

Week 1

	Breakfast (6:30–7:30am)	Morning tea	Lunch	Afternoon tea	Late snack
Monday	Weetbix Cornies or Cornflakes Toast with reduced sugar Jam Milk / Water	Banana Pancake Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Banana & apple</i>	Chicken Broccoli Pasta <i>Infants under 1 Puree/mashed/chopped: Potato, Cauliflower, Chickpeas</i>	Crumpet Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Banana & Peach</i>	Wholegrain corn thins
Tuesday	Weetbix Cornies or Cornflakes Toast with reduced sugar Jam Milk / Water	Breakfast Trifle with yoghurt Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Porridge</i>	Beef Bolognese Pasta <i>Infants under 1 Puree/mashed/chopped: Lentils, Kumara & Carrot</i>	Blueberry Cake Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Banana & Pear</i>	Wholegrain corn thins
Wednesday	Weetbix Cornies or Cornflakes Toast with reduced sugar Jam Milk / Water	Oats and Banana Scone with cheese Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Banana & Orange</i>	Chicken Curry with brown rice <i>Infants under 1 Puree/mashed/chopped: Kumara, lentils, & Broccoli</i>	Vege Fritter Fresh Fruit and Milk / Water <i>Infants under 1 Puree/mashed/chopped: Apple</i>	Wholegrain corn thins
Thursday	Weetbix Cornies or Cornflakes Toast with reduced sugar Jam Milk / Water	Fresh Fruit and Vegetable Platter with cheese and crackers <i>Infants under 1 Puree/mashed/chopped: Porridge</i>	Macaroni and Cheese with tuna and vegetables <i>Infants under 1 Puree/mashed/chopped: Potato, Broccoli & Chickpeas</i>	Banana Bread Fresh Fruit <i>Infants under 1 Puree/mashed/chopped: Peach & Banana</i>	Wholegrain corn thins
Friday	Weetbix Cornies or Cornflakes Toast with reduced sugar Jam Milk / Water	Potato Fritter Fresh Fruit & Milk / Water <i>Infants under 1 Puree/mashed/chopped: Apple & banana</i>	Vegetarian fried rice with lentils <i>Infants under 1 Puree/mashed/chopped: Pumpkin, Carrot and black bean</i>	Beetroot Brownie Fresh Fruit & Milk / Water <i>Infants under 1 Puree/mashed/chopped: Apricot & Banana</i>	Wholegrain corn thins

At least 2 vegetables are served with each lunch meal, with at least 4 different colours and 5 different vegetables being served across the week.